EXCELLENT TO SERVE WITH IS WORTH five cents. COLD DISHES.

Recipes of French Chef That Should Useful - Tartar Sauce for Broiled Sardines is Something of a Novelty.

A good sauce adds zest to what otherwise might be insipid and unattractive in the way of food. The season is at hand when cold dishes are often the most appetizing and the most conven-ient to serve. Very often a cunningly prepared sauce will lift such a dish from the uninteresting monotony of a "leftover" to a tempting morsel with the stamp of a French chef. in the large hotels where the secrets of sauceconcecting are known, large profits accrue from the serving of dinner leftovers in a new incarnation of luncheon entrees. These recipes for appetizing sauces, from the notebook of a French chef, may prove helpful to the summer

Verve Sauce for Cold Fish,-Mix by beating thoroughly four tablespoonfuls of grated horseradish, a tablespoonful of finely ground bread crumbs, pinch of salt, pepper to taste and half a cupful of sour cream or milk. Add a teaspoonful of lemon juice and pour over two-inch cubes of the cold boiled halfbut or cod-

Sauce for Cold Boiled Salmon.-Make a rich drawn butter, season with sait and paprika. Just before serving add a tablespoonful of Madeira wine in which a clove and a bit of ginger have been marinating for an hour or two. Garnish the cold fish with lemon and parsley and serve the sauce separately.
Sauce for Cold Lamb.—Melt a glass

ful of current jelly. Add a glassful of port wine. Bring to scalding, but not boiling point. Serve in a small tureen with cold lamb or fowl.

Tartar Sauce for Brolled Sardines .-Mix one tablespoonful of tarragon one teaspoonful of lemon juice, a pinch of salt and a tablespoonful of worces tershire and heat over hot water Brown half a cupful of butter and strain over the mixture.

Mint Sauce.—Break up the leaves of fresh mint until you have a cupful Mix a third of a cup of vinegar and a fourth of a cup of sugar. Heat and pour over the mint. Let stand at least an hour before serving

### Chiffonade Dressing.

Mix together the following ingredi-One-half cupful of olive oil two tablespoonfuls of clder vinegar, one tablespoonful of tarragon vinegar. one-half teaspoonful salt, one-quarter teaspoonful of paprika, one-eighth teaspoonful of black pepper, one table spoonful each of finely cut onion, pars ley, green pepper, red pepper, and one hard-cooked egg, finely cut. Thoroughly mix and serve on lettuce or any green salad.

### Russian Bliced Cake.

With one-fourth of a pound of sugar mix the yolks of five eggs, then gradu ally three ounces of flour, in a teaspoonful of anise seed, two ounces of chopped blanched almonds and last the whites of five eggs whisked quite stiff Bake in long, narrow cake tins (paper lined and well buttered), and when done turn out, cool, slice and dry the slices in the oven until quite crisp They are then ready to serve.

### Half a Yeast Cake.

"Pennies make dollars," says the wise saw. And although a yeast cake costs only a couple of cents and a hali ing, it is quite possible to save them. Often it is inconvenient to get a yeast cake at a moment's notice, so one kept on hand would prove convenient This is the way to keep one, in whole or in part-simply immerse it in flour or salt until needed.

onched Eggs With Cheese.

For five servings prepare five some what thick slices of toasted bread Make a sauce round if convenient. Make a sauce of one level tablespoonful butter, two of flour, a litle salt; stir these together and add gradually three-quarters cup-ful of strained tomato to which s pinch of soda has been added, and half a cup of rich milk. Dip the edges of the toast in the sauce, then pour the sauce over the slices. Place on each slice a nicely poached egg, sprinkle it with grated cheese and set in the oven to melt the cheese.

Delicate laces which have become soiled may be cleaned beautifully by squeezing them through skim milk to which a little bluing has been added. They come out of their bath like new and are just the right stiff ness when starched and dried, or dried and fromed between cloths over a turk-lah towel pad.

Buttermilk for Rolls.
Buttermilk will insure much softer and lighter hot rolls than if plain milb

GOOD SUMMER SAUCES Only a chance to rest DEATH-WATCH CAT IS HAPPY your hands and back BUT there's no chance about RUB-NO-MORE WASHING POWDER. It wouldn't increase in sales every week unless it made housework much easier.



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Oklahoma Directory

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The fussy lady had noticed that the rude man sitting beside her on the street car had expectorated on the The fussy lady immediately signaled the conductor and that, official came in to see what was wanted.

"Do you allow spitting in this car?" demanded the fusey lady.

"Well, no," replied the conductor. "But you can come out on the platform if you want to, lady."--Cincinnati En-

### ITCHING, BURNING ECZEMA

R. F. D. No. 1, Box 15, Corapeake, N. C .- "My baby began with the ecrema itching and burning. It broke out all over his head and face, legs and arms with little pimples. I did not sleep any in about four months. He cried and itched all night and day for four months until his head and face were matter all over. He was disfig-ured badly. His clothing would be difficult to remove at times

"I tried two treatments with no sucthere was no cure for it. I was told by a friend that Cuticura Soap and Ointment would cure it. I washed the child with the Cuticura Soap and warm water two or three times a day, then anointed him all over with the Cuticura Cintment. He took a great change and slept night and day. I used Cuticura Soap and Cintment six (Signed) Mrs. Arma Lee, Mar.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address post-card "Cuticura, Dept. L. Boston."—Adv.

Some men are as easily rattled as others are hard to shake.

Only One "BROMO QUININE"

To get the genuine, call for full name, LAXA-TIVE BROMO QUININE. Look for alguature of E. W. GROVE. Cures a Cold in One Day, Stopt cough and headsobe, and works off cold. He.

The man who travels on his cheek ought to have a pretty strong face.

Whenever You Need a General Tonic Take Grove's

The Old Standard Grove's Tasteless chill Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds up the Whole System. 50 cents.

The average man thinks his intelli-gence is above the average.

Poe-esque Animal, Whose Cries Revealed Master's Body, Gets New Home at Los Angeles.

Jake, the black cat whose walls led neighbors to the dead body of Frank Hamble of 216 West Sixty-ninth street, Los Angeles, after life had been ex-tinct a week, found a new home. He slept for hours in the sunshine, apparently unmindful of the harrowing hours spent shut in the room with the remains of his late master:

Neighbors adopted the cat when, al-most starved, it was taken Sunday from the little two-room house where Hamble passed the last hours of his life. Jake was almost a skeleton, and great care had to be taken at first in order not to overfeed him, but, stretched in a rocking chair, his sides bulging and his big green eyes closed to mere slits, Jake was the picture of contentment.

Hamble's mother, Mrs. F. A. Saun ders, offered to care for the sole companion of her son for many months prior to his death, but when she found Jake apparently happy and content to remain with a neighboring family, she ieft him in his adopted home.

The body of Mr. Hamble was found by Patrolman Johnson after the mournful cries of the cat had aroused the neighborhood to the fact that something was wrong in the little cot-

Seauty Rules for Summer. Avoid heavy and very rich meals, light and digestible fare is required, consisting chiefly of fish, eggs, poultry, salads, cheese and fruit, sweets made with milk, cream and eggs, and so on, mostly cold, though too many ices should not be taken. They are responsible for most summer maladies. Iced drinks should also be taken in moderation; and the refreshing lemonade or "cups" made with light wines, hock, moselle or with fruit strops, are best. If spirits are taken at all it should be infrequently.

The face should only be with soap and water last thing at night, but it is very refreshing to spray it and the back frequently with rose or elder-flower water to which simple tincture of benzoin has been added, drop by drop, in the proportion of one teaspoonful of the tincture to a half pint of rose water. Dry with a soft handkerchief, then apply a little non-fatty face cream, smooth this off with the handkerchief and dust on a little good powder. The face wash mentioned is wonderfully cleansing, and, with the cream, provides a great protection against freckles and sunburn.

Saving the Innocents. "Just as the twig is bent the tree's inclined," wrote Pope, and as he was discussing "man" and not arboricusture, he undoubtedly had the babies and their welfare in mind. The season is near at hand in our larger cities, if not already here, when the health of our infant population should be a matter of philanthropic and public con cern, as we know to a considerable ex tent it will be. The floating hospital will put to sea with its precious freight in quest of air that is purest and breezes that are most reviving. The milk stations will do their best with the resources at command, though the city should have a larger part in this beneficent work. We have been making progress along this line. We have arrived at a larger perception of both public and private responsibility for the conservation of infant life and health, but the field is such a comprehensive one that much more remains to be done.-Boston Transcript.

An Attractive Thes

"This university offers me a degree if I will write 'em a thesis," remarked the eminent millionaire.

"But what sort of a thesis can I

write?" "'Pay the bearer' ought to fill the bill," suggested his cynical chief of

Marital Reciprocity.

He-My dear, I have invited my mother to spend the week with us. She-Oh, James, I'm not prepared for company. Why did you ask her

He-Because I am determined you shall not have this mother-in-law joke all to yourself.

Even some lazy men may get busy. but the trouble is that they don't keep buay.

Keep Hanford's Balsam in your home. Adv.

At the age of twenty a girl thinks she ought to score in a love affair.



#### CANADA TO SAVE ANTELOPE

Seton and Graham Have Drawn Plane for Perpetuation of Rapidly Dying Prong-Horns.

The rescue and perpetuation of the rapidly disappearing prong-horned an-telope is to be undertaken by the Canadian government. It has enlisted the services of Ernest Thompson Seton, the naturalist, and Maxwell Graham. chief of the zoological division at Ottawa, who have outlined a plan which promises success. They propose the establishment of three fenced parks for antelope in different parts of the animals' favorite range, on areas not desirable for agriculture and in regions that still contain wild antelope.

The first step was to outline the an cient and present range of the antelope, then to ascertain the probable number at large. The combined evidence of many game wardens and mounted police shows that there are between 1,000 and 1,500 antelope still at large in the Canadian northwest. Prior to the hard winter of 1906 and 1997, there were at least ten times as many; but that long, fierce spell of frost and deep snow killed them off by

Have Something Better.

"Don't you suffer extremely from lassitude here?" asked the city visitor of a villager back in the swamp coun-

'Never heerd o' nobody havin' sich a disease. Th' wust we has here is fever an' agy."-Livingston Lance.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for

Infants and children, and see that it
Bears the
Signature of Gaffflitchirk
In Use For Over 30 Years.

Children Cry for Fletcher's Castoria Just the Difference.

Wife (pouting)—"You have ceased to love me." Hub (enjoying cigar and newspaper)—"No, my dear; I've only ceased making love to you.

YOUR OWN DREGGIST WILL TELL YOU for Marine Bro Bemedy for Red, Weak, Water Eyes, and Granulated Eyelfal, No Smaring-just Bye Comfort. Write for Book of the Eye by mail Free, Murthe Kye Bemedy Co., Chicago.

Quite a Different Matter. 'Did you tell Bigley I was a liar?' 'No. I just asked him if he knew

Many a woman has got her husband into a bad scrape by using his razor to sharpen a lead pencil.

Red Cross Ball Blue, much better, goes farther than liquid blue. Get from any grocer. Adv.

Men laugh at feminine folly, but it

Chuffn

Whenever a widow and a widower begin to discuss matrimony, the chances are that the argument will result in a tie.

THE COCA-COLA CO

ATTANTA, GA.

To remove soreness use Hanford's Balsam. Adv.

A man who never argues with a woman has the germs of wisdom.

LIABLE EYE WATER, Gon' hert. Adv.

A homely girl is just as nice to kiss as a pretty one-in the dark.

## A Stitch in Time

Colds, fevers, congestion and germ discases are pretty sure to overwork the kidneys and leave them weak. In convalesceace, in fact at any time when suspicion
is aroused by a lame, sching back, rheumatic pains, headache, dizziness or
disordered urine, the use of Doan's
Kidney Pilis is a stitch in time that
may avoid serious kidney disease.

Doan's Kidney Pilis commandeconfidence,
for no other remedy is so widely used,
so freely recommended or so generally
successful.

An Oklahoma Case



ma Case

J. D. Hunt, car
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Oblia, says: "I
spent hundreds of
dellars trying to
get curved of kild
ney disease, but wasn't helped a
but. The back-

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# Why Scratch?



"Hunt's Cure" isguaranteed to stop and permanently cure that terrible itching. It is compounded for that compounded for that purpose and your money will be prompily refunded WITHOUT QUESTION if Hunt's Cure falls to cure fach, Ecsema, Tetter, Ring Worm or any other Skin Disease. Soc at your druggist's, or by mail direct if he hasn't it. Manufactured only by A. B. RICHARDS MEDICINE CO., Sherman, Texas

FOR OLD AND YOUNG Tutt's Liver Pills act as kindly on the child, the delicate female or infirm old age, as upon

give tone and strength to the weak stomach, bowels, kidneys and bladder.

W. N. U., Oklahoma City, No. 28-1914

A WHEN the food reaches the stomach it is subjected to a possilar churning movement by the muscular walls of the stomach — (See Dr. Pierce's Medical Adviser, page 45). In the liver, kidneys and skin, the blood is purified of its waste materials—these organs act as human filters, leaving the blood pure and clear—unless liver, digestive truct and kidneys are clogged. Dr. Pierce's Golden Medical Discovery

is a stomach, liver and kidney tonic—by assisting the stomach to assimilate, the liver to filter, the kidneys to act—the poisons are removed, the red blood corpuscles are increased and one feels light, fresh and active instead of logy, dull and heavy. The "Discovery" stimulates the stomach, increases action of heart and arteries and is a most satisfactory alterative in blood-taint of any character, he refreshing influence of this extract of native medicinal plants has seen favorably known for over forty years. Everywhere some neighbor an tell you of the good it has done.

Sold by all medicine dealers in liquid or tablet forms or send 60 one-or stamps to Dr. V. M. PIERGE, Buthle, N. Y., a trial box will be mailed ye